

ORGANIZ ER

The Newsletter for Organizing your Office, Home, and Life

October 2009

Organiz-ER

290 Broadway, #276

Methuen, MA 01844

Phone: 978-376-9606

E-mail: admin@organiz-er.com

Bagua

The bagua is a fundamental tool for practicing Feng Shui. Based on the *I Ching*, the bagua represents the cycle of life as eight areas surrounding an empty center. In the center is ***tai chi*** where the yin/receptive energy is balanced perfectly with the yang/active energy. When in balance, the flow of energy in your space is optimum. These nine different zones correspond to nine major areas of life – family, prosperity, health, travel and helpful people, children and creativity, skills and knowledge, fame and reputation, career, marriage and life partner relationships.

Feng Shui

Feng Shui helps us develop our inner energy and enhance our immediate surroundings for personal well-being, better relationships, wealth and prosperity, safety and even efficiency. Feng Shui, the Chinese words for wind and water, offers a map of energy or ***chi*** to help us utilize positive forces in every aspect of our lives.

The study of Feng Shui gives significance to each and every object in your home so that it has a positive effect on your personal energy or chi. Feng Shui recognizes the powerful symbolic connection between objects and the inner life of people. For that reason changes should be made in stages to avoid drastic reversals in energy flow.

Colors are an example of how Feng Shui incorporates

the Five Elements (fire, earth, metal, water, wood) to create nurturing dynamic energy in a room. The two categories of energy are Yin and Yang. The yin energy colors bring healing and relaxation while yang colors stimulate and energize.

The Black Tantric Buddhist tradition which uses the front door as a reference point for the bagua suggests using colors to balance energy. Red represents fire which inspires, energizes and empowers. Black or dark blue represents water which adds hidden depths, life itself and supports career. White represents metal, and creates crispness and focus. Blue-green represents wood and symbolizes growth and is associated with wealth and new projects. Yellows and browns represent the earth element and create grounding and closeness to the basics of life.

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Visit the website for new and exciting Ideas and more TIPS!

<http://www.organiz-er.com>

Tips

Using Feng Shui in the Living room: Chairs and couches should be facing the door so that you can be in the position of power and see who is coming into the room. Corners attract stagnant chi which does not easily flow and should be lightened through use of clear colors, healthy plants, mirrors, or light. It is important that chi flows. Clutter is a physical manifestation of stuck or stagnant chi.

For more information on feng shui consultations, the International Feng Shui Guild www.ifsguild.org suggests guidelines and can help you connect to a practitioner.

WANTED!! – Clutter

OrganizER is currently looking for clutter. Pictures of clutter that is. OrganizER will give **20%** off to the first **THREE** people

who allow before and after pictures for a three hour period. These pictures will be posted onto

<http://www.organiz-er.com/>.

Remember that is 20% off for the first **THREE** people who ask for 3 hour periods and pictures.

We produce this newsletter with useful tips and facts for you to utilize. If you no longer wish to be on the mailing list for this newsletter, please send us an e-mail at admin@organiz-er.com